**Part C - School Involvement (Weight 25%)**

Use chart below to list examples of Citizenship, Sportsmanship and Leadership. Please indicate specifically the time commitment made by the student for each point. (Example: one weekend, once a week for 3 months, once a month for the last year. Include things such as team trainer, planning committees, grad committee, band, drama productions, open house tour guide etc…) and the main adult supervisor contact information. Please list all of the school athletic teams and involvement the candidate has been in over their three years of high school (can also include those teams they plan to join in this, their grade 12 year).

Grade 10

Grade 11

Grade 12